

# Have you been involved in a critical incident? *Upset? Angry? Worried?*



## Do not shut it in. You are not alone.

- Support is available. Talk to your manager.
- Contact your union, your benefits plan and/or your professional association.



For more information, contact:



Refer to your organization's policy and your profession's code of ethics.

Adapted with permission from: Australia Commission on Safety and Quality in Health Care; Health Quality Council of Alberta; and British Columbia Patient Safety & Quality Council